# **Swimming Pool Safety Rules & Regulations**

The **Willow Oaks Recreational Association (WORA)** has established the following rules and regulations for the benefit and safety of all users of the pool facilities. These rules and regulations help ensure the safe and sanitary operation of the pool facilities and promote enjoyable recreation for all members and guests.

All patrons should make sure that they understand and follow these rules and obey the instructions of the Pool Manager, Assistant Manager, and Lifeguards. Parents and guardians are responsible for the behavior of their children.

The following disciplinary actions are in effect (but not limited to) for failure to comply with the pool rules. Additional disciplinary measures may be required and are at the discretion of Pool Management. The on-duty Pool Manager is responsible for the enforcement of the rules and has final say in all matters:

First Offense: Warning

Second Offense: One-day suspension
Third Offense: One-week suspension

Fourth Offense: Suspended for remainder of season

Management reserves the right to refuse admittance to, or eject from the property, any persons failing to comply with any of the pool safety rules and regulations set forth by management, and reserves the right to amend the rules as deemed necessary. Due to the severity of an offense, Management may request longer suspensions than stated in these guidelines. Patrons may appeal suspensions of one week or longer to the WORA Vice President.

- 1. All patrons MUST check in at the front desk prior to being granted entry.
- 2. Weapons, to include, firearms, knives, or any other object that is deemed a weapon is strictly prohibited and will result in the loss of pool access immediately.
- 3. Children under the age of 10 years old who swim in the main pool must be accompanied by someone 14 years old or older. Children younger than 10 years old may swim unaccompanied if they have demonstrated swimming proficiency to the satisfaction of the Pool Manager or On-Duty Supervisor.
- **4.** Members that are 10 years old and older can attend the pool without an adult once they have passed a swimming proficiency test. The minimum proficiency is the ability to swim one length of the pool unassisted and tread water for 60 seconds.
- 5. Non-swimmers under the age of 8 years old may wear flotation devices only if the supervising adult has his/her feet in the water, is within 10 feet of the child, and is actively monitoring the child's safety.
- 6. The wading pool is not under lifeguard supervision and is reserved for use by children 6 years old and younger. Children using the wading pool must be supervised by someone 14 years old or older. Children may use safe water toys while in the wading pool.
- 7. No cloth or disposable diapers will be allowed in the water. "Swimmies" are required for all children who wear diapers.

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- 8. Persons with infectious, open, or bandaged sores may not use the pool..
- 9. Spouting of water (by mouth) and similar unhygienic actions are not permitted
- **10.** No glass containers are allowed in the pool, pool deck area, or bathhouse.
- **11.** Food and drink may not be carried or consumed within 6 ft. of the water surface.
- **12.** Patrons who are dirty or using suntan oil must shower before entering the pool.
- **13.** Running or horseplay in the pool area is prohibited.
- **14.** Patrons may not climb on the fence or the structures in the pool area.
- **15.** Patrons may not hang on to or rest on the lane lines, ladders, or railings.
- **16. No smoking or vaping** within the pool area. There is a designated smoking area.
- 17. No more than one person is allowed on the diving board at a time. Divers may bounce on the board one time before diving. Diving board weight limit is **250 pounds**. Diving and jumping from the side of the board is not permitted.
- **18.** Back flips or gainers are strictly prohibited for all patrons.  **NEW**
- **19.** The diving board area is for experienced swimmers.
- **20.** Swimmers may not wear flotation devices when jumping from the diving board or swimming in the diving board area.
- 21. Swimming or diving in the diving board area is prohibited unless the diving board is not in use and the lifeguard monitoring the diving board area sanctions the swimming.
- **22.** Swimmers will leave the diving area when divers wish to use the board.
- 23. Divers **MUST** wait for the diving area to be cleared before diving.
- **24.** Air mattresses, inner tubes, and similar flotation devices which by their size, shape, or construction might hinder the lifeguard's visibility in monitoring all swimmers are prohibited from use in the water (unless utilized in a pool-sanctioned activity).
- **25.** The lap lane is to be used for swimming laps only. The lap lane should remain clear at all times for those patrons who wish to swim laps.
- **26.** Footballs, frisbees, and other objects which, by their material or construction, pose a likelihood of injury to others are prohibited from use in the pool and pool deck areas.
- **27.** The Pool Manager or On-duty Supervisor may limit the use of Nerf balls and "noodles" during periods of higher swimmer volume.
- 28. Swimmers may wear goggles (not full-face masks or character masks that limit a guard's ability to view a swimmer's face).
- 29. Mermaid Tails or any costume or swimwear that limits a swimmers range of motion is strictly prohibited. <u>- NEW</u>
- **30.** Snorkeling is permitted only in the designated lap lane while the patron is actively swimming.
- 31. The pool will be cleared of children under the age of 17 from 45 minutes past the hour until on the hour to permit adult swimming and a rest period for children.

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- **30.** Patrons will deposit all debris in the trash cans provided on the pool deck and in the bathhouse.
- **31.** Patrons will not park bicycles in front of the pool entrance, on the grass, against the pool fence, or in the street. A
  - bicycle rack is available for patron use inside the fence.
  - Riding inside the facility is strictly prohibited and WILL result in eviction from the pool.
  - The location of the bicycle rack may change if the privilege is abused and is at pool management's discretion.
- **32.** Patrons will not use skateboards, skates, rollerblades, scooters, etc. on the pool property.
- **33.** Pets are not allowed within the pool area unless approved by the On-Duty Supervisor or in the case of service animals.
- **34.** Service animals are not allowed in the pool due to chemical imbalance and safety purposes.
- **35. No profanity is allowed.** Radios and other media devices are not permitted on the pool deck within 12 ft. of the water surface, but may be used in other pool areas if not disturbing other patrons.
- **36.** Adult members may use the grilling area on a "first come, first serve basis" as long as the patron operating the grill maintains control at all times until coals are burned out, and users clean the grill and area after use. An "ashcan" is available to dispose of spent charcoal.
- **37.** No unattended children are allowed in the grilling area.
- **38.** The Pool Manager or On-Duty Supervisor may close the pool or a section of the pool at any time due to operational difficulties, inclement weather, staffing considerations or at their professional discretion to resolve situations that they deem might pose a risk to patrons.
- **39.** The WORA and Pool Management are not responsible for personal property that is lost, damaged or stolen within the pool facility or parking lot.
- **40.** The pool staff will hold "found" articles for two weeks before disposing of them.
- **41.** Management and the guards on duty management reserve the right to amend the rules as deemed necessary and at their discretion in order to maintain the safety of the patrons and the facility.

### **WORA Pool Guest Policy**

Willow Oaks Recreational Association (WORA) has adopted the following policies for use of the Association's pool by guests. In all cases, members are responsible for their guests' compliance with WORA pool rules.

- Permanent residents of the Willow Oaks subdivision may enter the WORA pool as a
  "guest", but bwill be charged the full Non-Member Rate.
   All residents of the Willow Oaks subdivision are eligible to obtain seasonal pool membership through the WORA Membership Chairperson. Applications can be found at the pool or at www.willowoaks.org.
- 2. All pool guests must sign in at the gate. Guests under 10 years old must be accompanied by a person 14 years old or older.
- **3.** Guest Fees are applied to all guest age 5 or older.
  - Member Guests: per person is \$5 per "full" day with a maximum of 4 guests per member.
  - Non-Member Guests: per person is \$10 per "full" day.

#### 4. Child Caregivers

- Caregivers babysitters who are pre-registered with the Membership Chairperson may bring member children to the pool and swim during their hours of employment at no additional charge.
- Non-registered or temporary caregivers of WORA pool members may enter the pool
  in swimming attire and use the pool after paying the \$5 daily guest fee.
- Child caregivers or babysitters not intending to swim may enter the pool deck area at no cost, as long as they remain in street clothes.
- Any children that would require an adult to be in the water or may have to enter the water, will be considered a swimmer.

#### **Pool and Shelter Rentals for Private Parties**

Patrons wishing to rent the pool for private functions before or after normal operating hours should contact the Pool Manager at (757) 850-2813.

Rentals may not conflict with normal operations or other scheduled events. For details on the rental rules, fees and a copy of the pool rental agreements, ask at the front desk or go to www.willowoaks.org.

### **Swimming Lessons**

Specific times, fees and sign-up information will be posted at the pool and on the website at www.willowoaks.org.

HAVE A GREAT SUMMER! GOOD LUCK STINGRAYS!