## **Group Swim Lessons**

Swim lessons allow children to safely enjoy the water and can reduce the risk of drowning. Enrolling your child in swim lessons is one way to get your child started in swimming as a competitive sport.

During swimming lessons, your child will learn many skills, depending on their age and maturity. Willow Oaks Pool group lessons occur 9 times over three weeks, with each lesson lasting approximately 45 minutes. These classes will be taught in small-groups.

Our swimming instructors are certified lifeguards and coaches for the Willow Oaks Swim Team.

No refunds for missed classes.

### Youth Group Lessons Monday, Wednesday, Friday

10:30 AM - 11:30 AM

**Beginner: Ages 4-8** Class Dates: 6/16/25 - 7/2/25

Class is 9 sessions with a test on the last date.

Class consists of various early learning activities to familiarize and learn to safely navigate the water.

Advanced: Ages 5-10 Class Dates: 7/14/25 - 7/30/25

Class is 9 sessions with a test on the first date to verify skill level and a test on the last date.

Class consists of various swim techniques and higher skills in navigating the water.

#### **Pool Members**

\$100.00 for first child Each additional Child is \$75



# **Register Now!** www.willowoaks.org

If you need assistance or have questions, please contact Ron Rugg at:

> vp.willow.oaks.org@gmail.com call (757) 564-2604

Child's	
Name	Age
Parent's Name	
Street Address	<del> </del>
City, State, Zip	
Phone	
Email	
Parent Signature	
Session: Beginner	

#### Non-Members

\$140.00 per child Each additional Child is \$100

Pay by credit card or make checks payable to WORA.

Deliver to: Willow Oaks Pool 236-1/2 Beauregard Heights • Hampton, VA 23669